

Troop 626

Winter Camping Equipment List

Winter camping is a very different type of experience and requires careful attention to the type of gear used on the trail. Bringing the wrong kind of gear can be uncomfortable and very dangerous. The following list should assist you in planning the gear you need for the trip. We ask that parents assist their scout in this critical task. Loose fitting is best for warmth.

Remember the three principles of cold weather clothing designed to work together to trap your body's heat next to your skin and keep it there:

Wicking - removes perspiration from you body

Warmth - insulates and retains heat

Wind - prevents loss of heat due to wind

NO COTTON CLOTHING, TIGHT FITTING BODY ARMOR TYPE LONG JOHNS, OR INSULATED SNOW PANTS/JACKETS ALLOWED ON TRAIL!!!

Clothing

Wicking Layer:

Required 2 pairs of thin socks

nylon

silk

polyester

wool/polypropylene blend

X pairs of briefs underwear

no cotton

loose fitting (no tight fitting Body Armor type underwear)

Required 1 pair of thin, loose fitting long underwear tops and bottoms (do not count fleece for this layer)

polypropylene

polyester

polypropylene/wool/lycra blend

Required 1 pair of inner gloves (fingerless work well)

wool works best but can be itchy for sensitive skin

if not wool, then 2 pairs of silk or blended material

1 thin balaclava or other type head warmer (works well for sleeping too)

silk or blended material

Warming Layer:

Required 2 pairs of heavy, thick socks

wool

wool/polypropylene blend

Required 1 pair of heavy weight, loose fitting, expedition type long underwear tops and bottoms (2 are better and mandatory if you do not have wool pants)

fleece (polyester/lycra blend)

2 pairs of wool chopper liners (large enough to fit over inner gloves)

Required 1 heavy sweaters

wool is best

fleece (polyester/lycra blend)

1 heavy balaclava or other type head warmer

fleece (polyester/lycra blend)

Required 1 warm hat (should fit over balaclava)

1 pair of wool pants (optional but very functional)

1 down vest (optional but very functional)

